

**Race / Category:**

5K Run/Walk (awards listing) ▼

Men's 14 & Under

| | | | | |
|-----------------|--|------|-----------------|---------|
| 1 st | Nieman, Jacob (#121) | M 14 | Knoxville, TN | 0:20:18 |
| 2 nd | Brannon, Samuel (#120) | M 14 | Ponca, NE | 0:20:36 |
| 3 rd | Hulshof, Isaiah (#208) | M 13 | Orange City, IA | 0:21:24 |

Women's 14 & Under

| | | | | |
|-----------------|---|------|-----------------|---------|
| 1 st | Calsbeek, Amelia (#105) | F 13 | Orange City, IA | 0:30:38 |
| 2 nd | Joiner, Courtney (#113) | F 14 | Orange City, IA | 0:30:50 |
| 3 rd | Sanson, Maddie (#209) | F 14 | Orange City, IA | 0:31:19 |

Men's 15 - 19

| | | | | |
|-----------------|---------------------------------------|------|------------------|---------|
| 1 st | Brannon, Eric (#119) | M 16 | Ponca, NE | 0:18:02 |
| 2 nd | Ten Pas, Derek (#201) | M 18 | Sioux Center, IA | 0:20:47 |
| 3 rd | Tracy, Tommy (#146) | M 15 | Orange City, IA | 0:21:23 |

Women's 15 - 19

| | | | | |
|-----------------|---|------|------------------|---------|
| 1 st | DeHaan, Lillian (#112) | F 18 | Orange City, IA | 0:29:53 |
| 2 nd | Green, Lauren (#294) | F 19 | Sioux Falls, SD | 0:30:02 |
| 3 rd | Ten Pas, Katelyn (#200) | F 17 | Sioux Center, IA | 0:36:52 |

Men's 20 - 29

| | | | | |
|-----------------|---|------|-------------------|---------|
| 1 st | VanderPlaats, Kyle (#248) | M 21 | Palos Heights, IL | 0:16:33 |
| 2 nd | Jeltema, Jeffrey (#123) | M 23 | Orange City, IA | 0:16:38 |
| 3 rd | Bulten, Chase (#292) | M 21 | Barhum, IA | 0:17:20 |

Women's 20 - 29

| | | | | |
|-----------------|---------------------------------------|------|-----------------|---------|
| 1 st | Renner, Emily (#274) | F 29 | Westminster, CO | 0:19:20 |
| 2 nd | Brooks, Grace (#258) | F 21 | Waynesboro, VA | 0:22:04 |
| 3 rd | Brooks, Claire (#236) | F 24 | Waynesboro, VA | 0:24:22 |

Men's 30 - 39

| | | | | |
|-----------------|---|------|-----------------|---------|
| 1 st | Vander Plaats, Brian (#247) | M 38 | Orange City, IA | 0:21:48 |
| 2 nd | Keller, Andy (#268) | M 35 | Orange City, IA | 0:23:45 |

3rd [Oetken, Allen](#) (#103) M 30 Orange City, IA 0:24:18

Women's 30 - 39

1st [VanOtterloo, Jen](#) (#281) F 32 Sioux Center, IA 0:18:10

2nd [Leavitt, Rachel](#) (#152) F 39 LeMars, IA 0:21:17

3rd [Ruhland, Sarah](#) (#286) F 32 Hopkins, MN 0:21:32

Men's 40 - 49

1st [Cross, Steve](#) (#159) M 46 Jefferson, SD 0:19:02

2nd [Hibma, Dan](#) (#185) M 40 Sioux Center, IA 0:21:06

3rd [Keepers, Brian Superman](#) (#264) M 43 Alton, IA 0:22:51

Women's 40 - 49

1st [Vaas, Michelle](#) (#240) F 42 Orange City, IA 0:22:56

2nd [Wynia, Renee](#) (#239) F 42 Orange City, IA 0:23:43

3rd [Berkenpas, Kathryn](#) (#204) F 40 Washington, DC 0:25:15

Men's 50 - 59

1st [Brower, Derek](#) (#150) M 51 Orange City, IA 0:20:09

2nd [Deale, Robert](#) (#278) M 53 Hawarden, IA 0:24:20

3rd [Huisman, Lyle](#) (#129) M 59 Orange City, IA 0:35:15

Women's 50 - 59

1st [Weaver, Sheila](#) (#100) F 50 Sutherland, IA 0:24:19

2nd [Van Es, Kim](#) (#143) F 52 Sioux Center, IA 0:26:29

3rd [Punt, Junia](#) (#196) F 58 Orange city, IA 0:29:00

Men's 60 - 99

1st [Pluim, Dan](#) (#243) M 64 Orange City, IA 0:24:14

2nd [Renner, Kenneth](#) (#276) M 64 Beresford, SD 0:24:24

3rd [Brooks, Mark](#) (#235) M 63 Waynesboro, VA 0:24:29

Women's 60 - 99

1st [Wickstrom, Andriette](#) (#272) F 63 Storm Lake, IA 0:23:25

2nd [Van Marel, Kathy](#) (#178) F 61 Orange City, IA 0:28:49

3rd N/A

Awards information as of 04/02/2020 8:24 PM